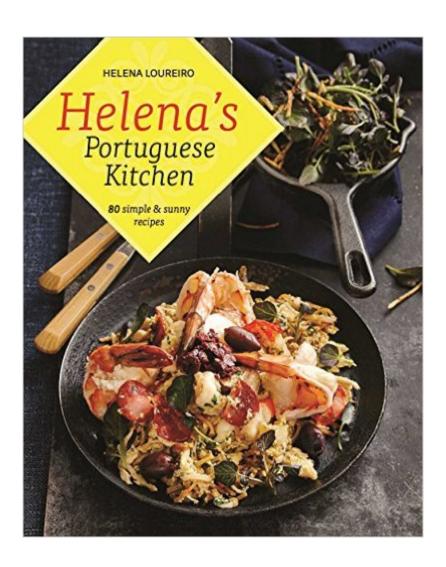
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# Helena's Portuguese Kitchen: 80 Simple & Sunny Recipes





## **Synopsis**

The top Montreal Portuguese chef Helena Loureiro invites you to share her fascination with the flavours of her native land and explore its delicacies.Let her guide your discovery of fish- and seafood-based specialties and of dishes spotlighting fire-grilled or slow-simmered meats and poultry. Indulge your cravings: enjoy a black cod gravlax, a grilled potato or marinated sardine salad, shrimp in port wine sauce, chorizo clams, the signature cornbread-crusted cod or the classic Braz-style chicken. Youâ TMII be delighted with the simplicity of these recipes that use only minimally processed ingredients. Take off on a gastronomic journey through 80 recipes, feasting on the very best that Portuguese cuisine has to offer. Â

#### **Book Information**

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Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review)

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Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood

#### **Customer Reviews**

An amazing Portuguese cook book. There are very few as good as this one and it has been decades since the last good Portuguese cookbook was published.

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